

2004

Behavioral Risk Factor Surveillance System Arkansas Questionnaire

January 2004

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U.S. DEPARTMENT OF HEALTH & HUMAN SERVICES

Centers for Disease Control and Prevention

National Center for Chronic Disease Prevention and Health Promotion

Division of Adult and Community Health

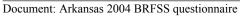
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ARKANSAS 2004 BRFSS Questionnaire

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INTROQ

HELLO, I'm calling for the Arkansas Department of Health and the Centers for Disease Control and Prevention. My name is ______. We're gathering information on the health of Arkansas residents. Your phone number has been chosen randomly, and I'd like to ask some questions about health and health practices.

Is this XXX-XXX-XXXX?

- 1. Correct Number (Proceed to next question)
- 2. Number is not the same SKIP TO WRONGNUM

PRIVRES

Is this a private residence?

- 1. Yes, continue.
- 2. No, non-residential SKIP TO NONRES

NONRES – ONLY GET THIS IF PRIVRES = 2 (NON-RESIDENTIAL)

Thank you very much, but we are only interviewing private homes.

WRONGNUM - ONLY GET THIS IF INTROQ = 2 (NUMBER IS NOT THE SAME)

Thank you very much, but it I seem to have dialed the wrong number. It's possible that your number may be called at a later time.

****<F3>***

ADULTS

I need to randomly select one adult who lives in your household to be interviewed. How many members of your household, including yourself, are 18 years of age or older?

_ ENTER THE NUMBER OF ADULTS

IF ANS = 1 SKIP TO ONEADULT

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MEN

How many of these adults are men?

- 0. None
- 1. One
- 2. Two
- 3. Three
- 4. Four
- 5. Five
- 6. Six
- 7. Seven
- 8. Eight
- 9. Nine

IF ANS = ADULTS SKIP TO SELECTED

WOMEN

How many of these adults are women?

- 0. None
- 1. One
- 2. Two
- 3. Three
- 4. Four
- 5. Five
- 6. Six
- 7. Seven
- 8. Eight
- 9. Nine

IF ANS + MEN = ADULTS SKIP TO SELECTED

WRONGTOT - ONLY GET IF MEN + WOMEN <> ADULTS

I'm sorry, something is not right.

Number of Men -

Number of Women -

Number of Adults -

- 1. CORRECT THE NUMBER OF MEN
- 2. CORRECT THE NUMBER OF WOMEN
- 3. CORRECT THE NUMBER OF ADULTS

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SELECTED - ONLY GET IF MORE THAN ONE ADULT IN HOUSEHOLD

The person in your household I need to speak with is the

?

Are you the

- 1. YES SKIP TO YOURTHE1
- 2. NO SKIP TO GETNEWAD

ONEADULT - ONLY GET THIS IF ONE ADULT IN HOUSEHOLD

Are you the adult?

- 1. YES AND THE RESPONDENT IS A MALE SKIP TO YOURTHE1
- 2. YES AND THE RESPONDENT IS A FEMALE SKIP TO YOURTHE1
- 3. NO SKIP TO ASKGENDR

ASKGENDER – ONLY GET IF ONEADULT = 3

Is the Adult a man or a woman?

- 1. Male
- 2. Female

GETADULT - ONLY GET IF ONEADULT = 3

May I speak with him or her?

- 1. YES, ADULT COMING TO THE PHONE
- 2. NO, GO TO NEXT SCREEN, PRESS F3 AND SCHEDULE A CALL-BACK

DO NOT USE <F3> ON THIS SCREEN

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YOURTHE1 - ONLY GET IF ONEADULT = 1 (YES) OR IF SELECTED = 1 (YES)

Then you are the person I need to speak with.

- 1. PERSON INTERESTED, CONTINUE SKIP TO FIRSTSCR
- 2. GO BACK TO ADULTS QUESTION. WARNING:A NEW RESPONDENT MAY BE SELECTED

GETNEWAD - ONLY GET IF SELECTED = 2 (NO)

May I speak with the

?

- 1. YES, SELECTED RESPONDENT COMING TO THE PHONE
- 2. NO, GO TO NEXT SCREEN, PRESS F3 AND SCHEDULE A CALL-BACK
- 3. GO BACK TO ADULTS QUESTION. WARNING: A NEW RESPONDENT MAY BE SELECTED

DO NOT USE F3 ON THIS SCREEN

GETNEWAD - ONLY GET IF SELECTED = 2 (NO)

HELLO, I'm _____ calling for the Arkansas Department of Health and the Centers for Disease Control and Prevention. We're gathering information on the health of Arkansas residents. Your phone number has been chosen randomly to be interviewed, and I'd like to ask some questions about health and health practices.

- 1. PERSON INTERESTED, CONTINUE SKIP TO INTROSCR
- 2. GO BACK TO ADULTS QUESTIONS. WARNING: A NEW RESPONDENT MAY BE SELECTED

INTROSCR - ONLY GET IF NEWADULT = 1 or Yourthe1 = 1

I won't ask for your name, address, or other personal information that can identify you. You don't have to answer any question you don't want to, and you can end the interview at any time. Any information you give to me will be confidential. If you have any questions about this survey, I will provide a telephone number for you to call to get more information.

- 1. Person interested, continue
- Go Back to Adults Question. Warning: A New Respondent may be selected

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NONQAL - ONLY GET IF CATI THINKS THE QUOTACELL IS FULL

INTERVIEWER:

PLEASE ALERT YOUR SUPERVISOR IMMEDIATELY!!!!
THE QUOTAS SET FOR THIS STUDY ARE INCORRECT.

AFTER NOTIFYING YOUR SUPERVISOR, RETURN THE RECORD

Core 1: Health Status

C01Q01

Would you say that in general your health is excellent, very good, good, fair, or poor?

- 1. Excellent
- 2. Very good
- 3. Good
- 4. Fair
- 5. Poor
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED



Core 2: Health Days – Health-related Quality of Life

| C02Q01 |
|--|
| Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good? |
| Number of days |
| 88. None 77. DON'T KNOW/NOT SURE 99. REFUSED |
| C02Q02 |
| Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good? |
| Number of days |
| 88. None 77. DON'T KNOW/NOT SURE 99. REFUSED |
| C02Q03 - ONLY GET IF C02Q01<>88 OR C02Q02<>88 |
| During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation? |
| Number of days |
| 88. None 77. DON'T KNOW/NOT SURE 99. REFUSED |

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Core 3: Health Care Access

C03Q01

Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare?

- 1. Yes
- 2. No
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

C03Q02

Do you have one person you think of as your personal doctor or health care provider?

(If "No," ask: "Is there more than one or is there no person who you think of?")

- 1. Yes, only one
- 2. More than one
- 3. No
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

C03Q03

Was there a time in the past 12 months when you needed to see a doctor but could not because of the cost?

- 1. Yes
- 2. No
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

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Core 4: Exercise

C04Q01

During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

- 1. Yes
- 2. No
- 7. DON'T KNOW / NOT SURE
- 9. REFUSED

Core 5: Environmental Factors

C05Q01

The next two questions are about things in the air you breathe that may make you ill, not about an illness you

catch from other people, such as a cold.

Things like dust, mold, smoke, and chemicals inside the home or office can cause poor indoor air quality. In the past 12 months have you had an illness or symptom that you think was caused by something in the air inside a home, office, or other building?

If necessary: If you are experiencing an illness or symptom within the past 12 months that was caused by something in the air you encountered over 12 months ago, the answer is "Yes".

- 1. Yes
- 2. No
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED





C05Q02

Things like smog, automobile exhaust, and chemicals can cause outdoor air pollution. In the past 12 months have you had an illness or symptom that you think was caused by pollution in the air outdoors?

If necessary: This question does not refer to natural agents like pollen or dust in outdoor air. If respondent is experiencing an illness or symptom within the past 12 months that was caused by something in the air they encountered over 12 months ago, the answer is "Yes".

- 1. Yes
- 2. No
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

Core 6: Excess Sun Exposure

C06Q01

The next question is about sunburns including anytime that even a small part of your skin was red for more than 12 hours.

Have you had a sunburn within the past 12 months?

- 1. Yes
- 2. No **SKIP TO C07Q01**
- 7. DON'T KNOW / NOT SURE SKIP TO C07Q01
- 9. REFUSED SKIP TO C07Q01



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C06Q02 - ONLY GET IF C06Q01=1

Including times when even a small part of your skin was red for more than 12 hours, how many sunburns have you had within the past 12 months?

- 1. One
- 2. Two
- 3. Three
- 4. Four
- 2. Five
- 3. Six or more
- 7. DON'T KNOW / NOT SURE
- 9. REFUSED

Core 7: Tobacco Use

C07Q01

Have you smoked at least 100 cigarettes in your entire life?

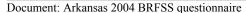
NOTE: 5 packs = 100 cigarettes

- 1. Yes
- 2. No **SKIP TO C08Q01**
- 7. DON'T KNOW / NOT SURE SKIP TO C08Q01
- 9. REFUSED **SKIP TO C08Q01**

C07Q02 – ONLY GET IF C07Q01=1

Do you now smoke cigarettes every day, some days, or not at all?

- 1. Everyday
- 2. Some days
- 3. Not at all SKIP TO C08Q01
- 9. REFUSED SKIP TO C08Q01



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C07Q03 - ONLY GET IF C07Q01=1 AND C07Q02<3

During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?

- 1. Yes
- 2. No
- 7. DON'T KNOW / NOT SURE
- 9. REFUSED

Core 8: Alcohol Consumption

C08Q01

A drink of alcohol is 1 can or bottle of beer, 1 glass of wine, 1 can or bottle of wine cooler, 1 cocktail, or 1 shot of liquor. During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage?

- 1___ Days per week 2__ Days in past 30
- 888. No drinks in past 30 days **SKIP TO C09Q01**
- 777. Don't know / Not sure
- 999. Refused **SKIP TO C09Q01**

C08Q02 - ONLY GET IF C08Q01<>888 AND C08Q01<>999

On the days when you drank, about how many drinks did you drink on the average?

- __ _ Number of drinks
- 77. DON'T KNOW / NOT SURE
- 99. REFUSED

C08Q03 - ONLY GET IF C08Q01<>888 AND C08Q01<>999

Considering all types of alcoholic beverages, how many times during the past 30 days did you have 5 or more drinks on an occasion?

- __ _ Number of times
- 88. NONE
- 77. DON'T KNOW / NOT SURE
- 99. REFUSED

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C08Q04 - ONLY GET IF C08Q01<>888 AND C08Q01<>999

| During | the : | past 30 d | ays, | how man | v times | have ' | your | driven | when | you've | e had | perhai | os too | much | to | drink | ⟨? |
|--------|-------|-----------|------|---------|---------|--------|------|--------|------|--------|-------|--------|--------|------|----|-------|----|
| | | | | | | | | | | | | | | | | | |

- __ _ Number of times
- 88. NONE
- 77. DON'T KNOW / NOT SURE
- 99. REFUSED

Core 9: Asthma

C09Q01

Have you ever been told by a doctor, nurse or other health professional that you had asthma?

- 1. Yes
- 2. No **SKIP TO C10Q01**
- 7. DON'T KNOW / NOT SURE SKIP TO C10Q01
- 9. REFUSED SKIP TO C10Q01

C09Q02 - ONLY GET IF C09Q01=1

Do you still have asthma?

- 1. Yes
- 2. No
- 7. DON'T KNOW / NOT SURE
- 9. REFUSED



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Core 10: Diabetes

| - | - | _ | _ | - |
|---|---|---|---|---|
| | | 7 | | |
| | | | | |
| | | | | |

Have you ever been told by a doctor that you have diabetes?

(If "Yes" and respondent is female, ask: "Was this only when you were pregnant?" - If Respondent says pre-diabetes or borderline diabetes, use response code 4.)

- 1. Yes
- 2. Yes, but female told only during pregnancy **SKIP TO C11Q01**
- 3. No **SKIP TO C11Q01**
- 4. No, pre-diabetes or borderline diabetes— **SKIP TO C11Q01**
- 7. DON'T KNOW / NOT SURE SKIP TO C11Q01
- 9. REFUSED SKIP TO C11Q01

Module 1: Diabetes

M01Q01 - ONLY GET IF C10Q01=1

How old were you when you were told you have diabetes?

___ _ Code age in years **[97 = 97 and older]**

- 98. DON'T KNOW/ NOT SURE
- 99. REFUSED

M01Q02 - ONLY GET IF C10Q01=1

Are you now taking insulin?

- 1. Yes
- 2. No
- 9. REFUSED

M01Q03 - ONLY GET IF C10Q01=1

Are you now taking diabetes pills?

- 1. Yes
- 2. No
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED

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M01Q04 - ONLY GET IF C10Q01=1

About how often do you check your blood for glucose or sugar? Include times when checked by a family member or friend, but do not include times when checked by a health professional.

1 ___ _Times per day 2 ___ _Times per week

3 ____Times per month

4 ___Times per year

888. NEVER

777. DON'T KNOW / NOT SURE

999. REFUSED

M01Q05 - ONLY GET IF C10Q01=1

About how often do you check your feet for any sores or irritations? Include times when checked by a family member or friend, but do not include times when checked by a health professional.

1 ___ Times per day

2 ____Times per week

3 ___ Times per month

4 ___ Times per year

888. NEVER

555. NO FEET

777. DON'T KNOW / NOT SURE

999. REFUSED

M01Q06 - ONLY GET IF C10Q01=1

Have you ever had any sores or irritations on your feet that took more than four weeks to heal?

- 1. Yes
- 2. No
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED





M01Q07 - ONLY GET IF C10Q01=1

About how many times in the past 12 months have you seen a doctor, nurse, or other health professional for your diabetes?

___ __ Number of times [76 = 76 or more]

- 88. NONE
- 77. DON'T KNOW / NOT SURE
- 99. REFUSED

M01Q08 - ONLY GET IF C10Q01=1

A test for hemoglobin "A one C" measures the average level of blood sugar over the past three months. About how many times in the past 12 months has a doctor, nurse, or other health professional checked you for "A one C"?

______ Number of times [76 = 76 or more]

- 88. NONE
- 98. NEVER HEARD OF "A ONE C" TEST
- 77. DON'T KNOW / NOT SURE
- 99. REFUSED

M01Q09 - ONLY GET IF C10Q01=1 AND M01Q05<>555

About how many times in the past 12 months has a health professional checked your feet for any sores or irritations?

Number of times [76 = 76 or more]

- 88. NONE
- 77. DON'T KNOW / NOT SURE
- 99. REFUSED



M01Q10 - ONLY GET IF C10Q01=1

When was the last time you had an eye exam in which the pupils were dilated? This would have made you temporarily sensitive to bright light.

Read only if necessary:

- 1. Within the past month (anytime less than 1 month ago)
- 2. Within the past year (1 month but less than 12 months ago)
- 3. Within the past 2 years (1 year but less than 2 years ago)
- 4. 2 or more years ago
- 8. NEVER
- 7. DON'T KNOW / NOT SURE
- 9. REFUSED

M01Q11 - ONLY GET IF C10Q01=1

Has a doctor ever told you that diabetes has affected your eyes or that you had retinopathy?

- 1. Yes
- 2. No
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED

M01Q12 - ONLY GET IF C10Q01=1

Have you ever taken a course or class in how to manage your diabetes yourself?

- 1. Yes
- 2. No
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED



Core 11: Oral Health

C11Q01

How long has it been since you last visited a dentist or a dental clinic for any reason?

NOTE: Include visits to dental specialists, such as orthodontists

- 1. Within the past year (anytime less than 12 months ago)
- 2. Within the past 2 years (1 year but less than 2 years ago)
- 3. Within the past 5 years (2 years but less than 5 years ago)
- 4. 5 or more years ago
- 8. NEVER
- 7. DON'T KNOW / NOT SURE
- 9. REFUSED

C11Q02

How many of your permanent teeth have been removed because of tooth decay or gum disease? Do not include teeth lost for other reasons, such as injury or orthodontics.

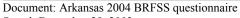
NOTE: Include teeth lost due to infection.

- 1. 1 to 5
- 2. 6 or more but not all
- 3. All
- 8. NONE
- 7. DON'T KNOW / NOT SURE
- 9. REFUSED

C11Q03 - ONLY GET IF C11Q01<>8 AND C11Q02<>3

How long has it been since you had your teeth "cleaned" by a dentist or dental hygienist?

- 1. Within the past year (anytime less than 12 months ago)
- 2. Within the past 2 years (1 year but less than 2 years ago)
- 3. Within the past 5 years (2 years but less than 5 years ago)
- 4. 5 or more years ago
- 8. NEVER
- 7. Don't know / Not sure
- 9. REFUSED



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Core 12: Immunization

C12Q01

During the past 12 months, have you had a flu shot?

IF NECESSARY: We want to know if you had a flu shot injected in your arm.

- 1. Yes
- 2. No
- 7. DON'T KNOW / NOT SURE
- 9. REFUSED

C12Q02

During the past 12 months, have you had a flu vaccine that was sprayed in your nose?

- 1. Yes
- 2. No
- 7. DON'T KNOW / NOT SURE
- 9. REFUSED

C12Q03

Have you ever had a pneumonia shot? This shot is usually given only once or twice in a person's lifetime and is different from the flu shot. It is also called the pneumococcal vaccine.

- 1. Yes
- 2. No
- 7. DON'T KNOW / NOT SURE
- 9. REFUSED



Core 13: Demographics

C13Q01

What is your age?

- __ _ Code age in years
- 07. DON'T KNOW / NOT SURE
- 09. REFUSED

C13Q02

Are you Hispanic or Latino?

- 1. Yes
- 2. No
- 7. DON'T KNOW / NOT SURE
- 9. REFUSED



Which one or more of the following would you say is your race? Would you say: White, Black or African American, Asian, Native Hawaiian or Other Pacific Islander, American Indian or Alaska Native, or Other?

(Check all that apply)

- 1. White
- 2. Black or African American
- Asian
- 4. Native Hawaiian or Other Pacific Islander
- 5. American Indian , Alaska Native or
- 6. Other [specify]____
- 8. NO ADDITIONAL CHOICES
- 7. DON'T KNOW / NOT SURE
- 9. REFUSED

C13Q04 – ONLY GET IF MORE THAN ONE RESPONSE FOR C13Q03

Which one of these groups would you say best represents your race?

- 1. White
- 2. Black or African American
- 3. Asian
- 4. Native Hawaiian or Other Pacific Islander
- 5. American Indian, Alaska Native or
- 6. Other [specify]____
- 7. DON'T KNOW / NOT SURE
- 9. REFUSED



Are you married, divorced, widowed, separated, never married, or a member of an unmarried couple?

Please read:

- 1. Married
- 2. Divorced
- 3. Widowed
- 4. Separated
- 5. Never married
- 6. A member of an unmarried couple
- 9. REFUSED

C13Q06

How many children less than 18 years of age live in your household?

Number of children

- 88. NONE
- 99. REFUSED

C13Q07

What is the highest grade or year of school you completed?

Read only if necessary:

- 1. Never attended school or only attended kindergarten
- 2. Grades 1 through 8 (Elementary)
- 3. Grades 9 through 11 (Some high school)
- 4. Grade 12 or GED (High school graduate)
- 5. College 1 year to 3 years (Some college or technical school)
- 6. College 4 years or more (College graduate)
- 9. REFUSED



Are you currently: employed for wages, self-employed, out of work for more than 1 year, out of work for less than 1 year, a homemaker, a student, retired, or unable to work?

- 1. Employed for wages
- 2. Self-employed
- 3. Out of work for more than 1 year
- 4. Out of work for less than 1 year
- 5. A Homemaker
- 6. A Student
- 7. Retired
- 8. Unable to work
- 9. REFUSED

C13Q09

Is your annual household income from all sources?

- 1. Less than \$10,000
- 2. Less than \$15,000 (\$10,000 to less than \$15,000)
- 3. Less than \$20,000 (\$15,000 to less than \$20,000)
- 4. Less than \$25,000 (\$20,000 to less than \$25,000)
- 5. Less than \$35,000 (\$25,000 to less than \$35,000)
- 6. Less than \$50,000 (\$35,000 to less than \$50,000)
- 7. Less than \$75,000 (\$50,000 to less than \$75,000)
- 8. \$75,000 or more
- 77. DON'T KNOW/NOT SURE
- 99. REFUSED

C13Q10

About how much do you weigh without shoes?

Round fractions up

| | _ | _ | Weight | (pounds) |
|---|---|---|--------|-------------|
| 9 | | | Weight | (kilograms) |

7777. DON'T KNOW / NOT SURE

9999. REFUSED

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About how tall are you without shoes?

Round fractions down

```
Height ft/inches (Ex. 5 feet 9 inches = 509)

Height meters/centimeters

7777. DON'T KNOW / NOT SURE
9999. REFUSED
```

C13Q12

What county do you live in?

```
__ _ _ FIPS county code
```

777. DON'T KNOW / NOT SURE

999. REFUSED

C13Q13

Do you have more than one telephone number in your household? Do not include cell phones or numbers that are only used by a computer or fax machine.

- 1. Yes
- 2. No **SKIP TO C13Q15**
- 7. DON'T KNOW / NOT SURE SKIP TO C13Q15
- 9. REFUSED SKIP TO C13Q15

C13Q14 - ONLY GET IF C13Q13=1

How many of these phone numbers are residential numbers?

__ Residential telephone numbers [6=6 or more]

- 7. DON'T KNOW / NOT SURE
- 2. REFUSED



During the past 12 months, has your household been without telephone service for 1 week or more?

Note: Do not include interruptions of phone service due to weather or natural disasters.

- 1. Yes
- 2. No
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED

C13Q16

Indicate sex of respondent. Ask only if necessary.

- 1. Male SKIP TO AR02Q01
- 2. Female

C13Q17 - ONLY GET IF C13Q16=2 AND C13Q01<45

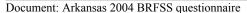
To your knowledge, are you now pregnant?

- 1. Yes
- 2. No
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED

State Added 2: Zip Code

AR02Q01

| What is your zip code? | |
|------------------------|-----|
| Enter zip code | |
| 99999. DON'T KNOW/REFU | SED |



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Core 14: Veteran's Status

C14Q01

The next question relates to military service.

Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit?

- 1. Yes
- 2. No **SKIP TO C15Q01**
- 7. DON'T KNOW/ NOT SURE SKIP TO C15Q01
- 9. REFUSED **SKIP TO C15Q01**

C14Q02 - ONLY GET IF C14Q01=1

Which of the following best describes your service in the United States military?

Please read:

- 1. Currently on active duty SKIP TO C15Q01
- 2. Currently in a National Guard or Reserve unit SKIP TO C15Q01
- 3. Retired from military service
- 4. Medically discharged from military service
- 5. Discharged from military service
- 7. DON'T KNOW/ NOT SURE SKIP TO C15Q01
- 9. REFUSED SKIP TO C15Q01

C14Q03 - ONLY GET IF C14Q02>2 AND C14Q02<7

In the last 12 months have you received some or all of your health care from VA facilities?

If "yes" probe for "all" or "some" of the health care.

- 1. Yes, all of my health care
- 2. Yes, some of my health care
- 3. No, no VA health care received
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED

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Core 15: Women's Health

C15Q01 - ONLY GET IF C13Q16=2

A mammogram is an x-ray of each breast to look for breast cancer. Have you ever had a mammogram?

- 1. Yes
- 2. No **SKIP TO C15Q03**
- 7. DON'T KNOW/ NOT SURE SKIP TO C15Q03
- 9. REFUSED **SKIP TO C15Q03**

C15Q02 - ONLY GET IF C15Q01=1

How long has it been since you had your last mammogram?

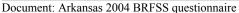
Read only if necessary

- 1. Within the past year (anytime less than 12 months ago)
- 2. Within the past 2 years (1 year but less than 2 years ago)
- 3. Within the past 3 years (2 years but less than 3 years ago)
- 4. Within the past 5 years (3 years but less than 5 years ago)
- 5. 5 or more years ago
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED

C15Q03 - ONLY GET IF C13Q16=2

A clinical breast exam is when a doctor, nurse or other health professional feels the breasts for lumps. Have you ever had a clinical breasts exam?

- 1. Yes
- 2. No **SKIP TO C15Q05**
- 7. DON'T KNOW/ NOT SURE SKIP TO C15Q05
- 9. REFUSED SKIP TO C15Q05



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C15Q04 - ONLY GET IF C15Q03=1

How long has it been since your last breast exam?

Read only if necessary

- 1. Within the past year (anytime less than 12 months ago)
- 2. Within the past 2 years (1 year but less than 2 years ago)
- 3. Within the past 3 years (2 years but less than 3 years ago)
- 4. Within the past 5 years (3 years but less than 5 years ago)
- 5. 5 or more years ago
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED

C15Q05 - ONLY GET IF C13Q16=2

A Pap test is a test for cancer of the cervix. Have you ever had a Pap test?

- 1. Yes
- 2. No **SKIP TO C15Q07**
- 7. DON'T KNOW/ NOT SURE SKIP TO C15Q07
- 9. REFUSED SKIP TO C15Q07

C15Q06 - ONLY GET IF C15Q05=1

How long has it been since you had your last Pap test?

Read only if necessary

- 1. Within the past year (anytime less than 12 months ago)
- 2. Within the past 2 years (1 year but less than 2 years ago)
- 3. Within the past 3 years (2 years but less than 3 years ago)
- 4. Within the past 5 years (3 years but less than 5 years ago)
- 5. 5 or more years ago
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED



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C15Q07 - ONLY GET IF C13Q16=2 AND C13Q17<>1

Have you had a hysterectomy?

If necessary: A hysterectomy is an operation to remove the uterus (womb).

- 1. Yes
- 2. No
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED

Core 16: Prostate Cancer Screening

C16Q01 - ONLY GET IF C13Q16=1 AND C13Q01>39

A prostate-Specific Antigen test, also called a PSA test, is a blood test used to check men for prostate cancer. Have you ever had a PSA test?

- 1. Yes
- 2. No **SKIP TO C16Q03**
- 7. DON'T KNOW/ NOT SURE SKIP TO C16Q03
- 9. REFUSED SKIP TO C16Q03

C16Q02 - ONLY GET IF C16Q01=1

How long has it been since you had your last PSA test?

Read only if necessary

- 1. Within the past year (anytime less than 12 months ago)
- 2. Within the past 2 years (1 year but less than 2 years ago)
- 3. Within the past 3 years (2 years but less than 3 years ago)
- 4. Within the past 5 years (3 years but less than 5 years ago)
- 5. 5 or more years ago
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED



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C16Q03 - ONLY GET IF C13Q16=1 AND C13Q01>39

A digital rectal exam is an exam in which a doctor, nurse or other health professional places a gloved finger into the rectum to feel the size, shape, and hardness of the prostate gland. Have you ever had a digital rectal exam?

- 1. Yes
- 2. No **SKIP TO C16Q05**
- 7. DON'T KNOW/ NOT SURE SKIP TO C16Q05
- 9. REFUSED SKIP TO C16Q05

C16Q04 - ONLY GET IF C16Q03=1

How long has it been since your last digital rectal exam?

Read only if necessary

- 1. Within the past year (anytime less than 12 months ago)
- 2. Within the past 2 years (1 year but less than 2 years ago)
- 3. Within the past 3 years (2 years but less than 3 years ago)
- 4. Within the past 5 years (3 years but less than 5 years ago)
- 5. 5 or more years ago
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED

C16Q05 - ONLY GET IF C13Q16=1 AND C13Q01>39

Have you ever been told by a doctor, nurse or other health professional that you had prostate cancer?

- 1. Yes
- 2. No
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED



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Core 17: Colorectal Cancer Screening

C17Q01 - ONLY GET IF C13Q01>49

A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. Have you ever had this test using a home kit?

- 1. Yes
- 2. No **SKIP TO C17Q03**
- 7. DON'T KNOW/ NOT SURE SKIP TO C17Q03
- 9. REFUSED SKIP TO C17Q03

C17Q02 - ONLY GET IF C17Q01=1

How long has it been since you had your last blood stool test using a home kit?

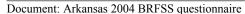
Read only if necessary

- 1. Within the past year (anytime less than 12 months ago)
- 2. Within the past 2 years (1 year but less than 2 years ago)
- 3. Within the past 5 years (2 years but less than 5 years ago)
- 4. 5 or more years ago
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED

C17Q03 - ONLY GET IF C13Q01>49

Sigmoidoscopy and colonoscopy are exams in which a tube is inserted in the rectum to view the colon for signs of cancer or other health problems. Have you ever had either of these exams?

- 1. Yes
- 2. No **SKIP TO C18Q01**
- 7. DON'T KNOW/ NOT SURE SKIP TO C18Q01
- 9. REFUSED **SKIP TO C18Q01**



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C17Q04 - ONLY GET IF C17Q03=1

How long has it been since you had your last sigmoidoscopy or colonoscopy?

Read only if necessary

- 1. Within the past year (anytime less than 12 months ago)
- 2. Within the past 2 years (1 year but less than 2 years ago)
- 3. Within the past 5 years (2 years but less than 5 years ago)
- 4. Within the past 10 years (5 years but less than 10 years ago)
- 5. 10 or more years ago
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED

Core 18: Family Planning

C18Q01 - ONLY GET IF (C13Q01<45 AND C13Q16=2 AND C13Q17<>1 AND C15Q07<>1) OR (C14Q01<60 AND C13Q16=1)

The next set of questions asks you about your thoughts and experiences with family planning. Please remember that all of your answers will be kept confidential.

Some things people do to keep from getting pregnant include not having sex at certain times, using birth control methods such as the pill, implants, shots, condoms, diaphragm, foam, IUD, having their tubes tied, or having a vasectomy. Are you or your [if female, insert husband/partner, if male, insert wife/partner] doing anything now to keep [if female, insert you], if male, insert her] from getting pregnant?

NOTE: If more than one partner, consider usual partner.

- 1. Yes
- 2. No **SKIP TO C18Q03**
- 3. No partner/not sexually active **SKIP TO C19Q01**
- 4. Same sex partner SKIP TO C19Q01
- 7. DON'T KNOW/ NOT SURE SKIP TO C19001
- 9. REFUSED SKIP TO C19Q01



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C18Q02 - ONLY GET IF C18Q01=1

What are you or your [if female, insert husband/partner, if male, insert wife/partner] doing now to keep [if female, insert you, if male, insert her] from getting pregnant?

Read only if necessary

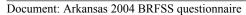
- 01. Tubes tied SKIP TO C19Q01
- 02. Hysterectomy (female sterilization) **SKIP TO C19Q01**
- 03. Vasectomy (male sterilization) SKIP TO C19Q01
- 04. Pill, all kinds (Seasonale, etc.) **SKIP TO C18Q04**
- 05. Condoms (male or female) SKIP TO C18Q04
- 06. Contraceptive implants (Jadelle or Implants) SKIP TO C18Q04
- 07. Shots (Depo-Provera- **SKIP TO C18Q04**
- 08. 08. Shots (Lunelle) **SKIP TO C18Q04**
- 09. Contraceptive Patch SKIP TO C18Q04
- 10. Diaphragm, cervical ring, or cap (Nuvaring or others) **SKIP TO C18Q04**
- 11. IUD (including Mirena) SKIP TO C18Q04
- 12. Emergency contraception (EC) **SKIP TO C18Q04**
- 13. Withdrawal SKIP TO C18Q04
- 14. Not having sex at certain times (rhythm) **SKIP TO C18Q04**
- 15. Other method (foam, jelly, cream, etc.) SKIP TO C18Q04
- 77. DON'T KNOW/ NOT SURE SKIP TO C18Q04
- 99. REFUSED **SKIP TO C18Q04**

C18Q03 - ONLY GET IF C18Q01=2

What is the main reason for not doing anything to keep [if female, insert "you," if male, insert "your wife/partner"] from getting pregnant?

Read only if necessary

- 01. Didn't think was going to have sex/no regular partner
- 02. You want a pregnancy
- 03. You or your partner don't want to use birth control
- 04. You or your partner don't like birth control/fear side effects
- 05. You can't pay for birth control
- 06. Lapse in use of a method
- 07. Don't think you or your partner can get pregnant
- 08. You or your partner had tubes tied (sterilization) **SKIP TO C19Q01**
- 09. You or your partner had a vasectomy (sterilization) **SKIP TO C19Q01**
- 10. You or your partner had a hysterectomy **SKIP TO C19Q01**
- 11. You or your partner are too old
- 12. You or your partner are currently breast-feeding
- 13. You or your partner just had a baby/postpartum
- 14. Other reason
- 15. Don't care if get pregnant
- 16. Partner is pregnant now **SKIP TO C19Q01**
- 77. DON'T KNOW/ NOT SURE
- 99. REFUSED



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C18Q04 - ONLY GET IF C18Q02>3 OR (C18Q03<>8,9,10, OR 16)

How do you feel about having a child now or sometime in the future? Would you say:

- 1. You don't want to have one **SKIP TO C19Q01**
- 2. You do want to have one SKIP TO C18Q05
- 3. You're not sure if you do or don't **SKIP TO C19Q01**
- 7. DON'T KNOW/ NOT SURE SKIP TO C19Q01
- 9. REFUSED SKIP TO C19Q01

C18Q05 - ONLY GET IF C18Q04=2

How soon would you want to have a child? Would you say...

- 1. Less than 12 months from now
- 2. Between 12 months to less than two years from now
- 3. Between two years to less than 5 years from now, or
- 4. 5 or more years from now
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED

Core 19: Disability

C19Q01

The following questions are about health problems or impairments you may have.

Are you limited in any way in any activities because of physical, mental, or emotional problems?

- 1. Yes
- 2. No
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED

C19Q02

Do you now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? Include occasional use or use in certain circumstances.

- 1. Yes
- 2. No
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED

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Core 20: HIV/AIDS

C20Q01 - ONLY GET IF C13Q01<65

The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you don't want to. Although we will ask you about testing, we will not ask you about the results of any test you may have had.

I'm going to read two statements about HIV. After I read each one, please tell me whether you think it is true or false, or if you don't know.

A pregnant woman with HIV can get treatment to help reduce the chances that she will pass the virus on to her baby.

- 1. True
- 2. False
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED

C20Q02 - ONLY GET IF C13Q01<65

There are medical treatments available that are intended to help a person who is infected with HIV to live longer.

- 1. True
- 2. False
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED

C20Q03 - ONLY GET IF C13Q01<65

Have you ever been tested for HIV? Do not count tests you many have had as part of a blood donation.

(Include saliva tests)

- 1. Yes
- 2. No **SKIP TO C20Q10**
- 7. DON'T KNOW/ NOT SURE SKIP TO C20Q10
- 9. REFUSED **SKIP TO C20Q10**

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C20Q04 - ONLY GET C20Q03=1

In the past 12 months, how many times have you been tested for HIV, including times you did not get your results?

Times

- 88. None
- 77. Don't know / Not sure
- 99. Refused

C20Q05 - ONLY GET C20Q03=1

Not including blood donations, in what month and year was your last HIV test?

(Include saliva tests)

NOTE: If response is before January 1985, code "Don't know".

__ _ /__ Code month and year

77 7777. DON'T KNOW / NOT SURE

99 9999. REFUSED

C20Q06 - ONLY GET C20Q03=1

I am going to read you a list of reasons why some people have been tested for HIV. Not including blood donations, which of these would you say was the MAIN reason for your last HIV test?

Please read:

| Reason | code |
|--------|------|
| Reason | coue |

- 01. It was required
- 02. Someone suggested you should be tested
- 03. You thought you may have gotten HIV through sex or drug use
- 04. You just wanted to find out whether you had HIV
- 05. You were worried that you could give HIV to someone
- 06. **IF FEMALE**: You were pregnant
- 07. It was done as a part of a routine medical check-up
- 08. Or you were tested for some other reason
- 77. DON'T KNOW / NOT SURE
- 99. REFUSED



C20Q07 - ONLY GET C20Q03=1

Where did you have your last HIV test at, a private doctor or HMO, at a counseling and testing site, at a hospital, at a clinic, in a jail or prison, at a drug treatment facility, at home, or somewhere else?

__ _ Facility code

- 01. Private doctor or HMO SKIP TO C20Q09
- 02. Counseling and testing site SKIP TO C20Q09
- 03. Hospital SKIP TO C20Q09
- 04. Clinic
- 05. Jail or prison SKIP TO C20Q09
- 06. Drug treatment facility SKIP TO C20Q09
- 07. Home **SKIP TO C20Q09**
- 08. Somewhere else SKIP TO C20Q09
- 77. DON'T KNOW / NOT SURE SKIP TO C20Q09
- 99. REFUSED SKIP TO C20Q09

C20Q08 - ONLY GET C20Q08=04

What type of clinic did you go to for your last HIV test?

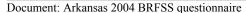
Read if necessary

- Family planning clinic
- 2. STD clinic
- 3. Prenatal clinic
- 4. Public health clinic
- 5. Community health clinic
- 6. Hospital clinic
- 8. Other
- 7. DON'T KNOW / NOT SURE
- 9. REFUSED

C20Q09 - ONLY GET C20Q03=1

Was this test done by a nurse or other health worker, or with a home testing kit?

- 1. Nurse or health worker
- 2. A home testing kit
- 7. Don't know / Not sure
- 9. Refused



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C20Q10 - ONLY GET C13Q01<65

I'm going to read you a list. When I'm done, please tell me if any of the situations apply to you. You don't need to tell me which one.

You have used intravenous drugs in the past year You have been treated for a sexually transmitted or venereal disease in the past year You have given or received money or drugs in exchange for sex in the past year You had anal sex without a condom in the past year

Do any of these situations apply to you?

- 1. Yes
- 2. No
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED

C20Q11 - ONLY GET C14Q01<65

The next question is about sexually transmitted diseases other than HIV, such as syphilis, gonorrhea, chlamydia, or genital herpes.

In the past 12 months has a doctor, nurse or other health professional talked to you about preventing sexually transmitted diseases through condom use?

- 1. Yes
- 2. No
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED



Core 21: Firearms

C21Q01

The next questions are about firearms. We are asking these in a health survey because of our interest in firearm-related injuries. Please include weapons such as pistols, shotguns, and rifles; but not BB guns, starter pistols, or guns that cannot fire. Include those kept in a garage, outdoor storage area, or motor vehicle.

Are any firearms kept in or around your home?

- 1. Yes
- 2. No **SKIP TO M14Q01**
- 7. DON'T KNOW/ NOT SURE SKIP TO M14Q01
- 9. REFUSED SKIP TO M14Q01

C21Q02 - ONLY GET IF C21Q01=1

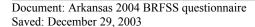
Are any of these firearms now loaded?

- 1. Yes
- 2. No **SKIP TO M14Q01**
- 7. DON'T KNOW/ NOT SURE SKIP TO M14Q01
- 9. REFUSED SKIP TO M14Q01

C21Q03 - ONLY GET IF C21Q02=1

Are any of these loaded firearms also unlocked? By unlocked, we mean you do not need a key or combination to get the gun or to fire it. We don't count a safety as a lock.

- 1. Yes
- 2. No
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED







Module 14: Other Tobacco Products

M14Q01

Have you ever used or tried any smokeless tobacco products such as chewing tobacco or snuff?

- 1. Yes
- 2. No **SKIP TO M14Q03**
- 7. DON'T KNOW/ NOT SURE SKIP TO M14Q03
- 9. REFUSED **SKIP TO M14Q03**

M14Q02 - ONLY GET IF M14Q01=1

Do you currently use chewing tobacco or snuff every day, some days, or not at all?

- 1. Every day
- 2. Some days
- 3. Not at all
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED

M14Q03

Do you currently use any tobacco products other than cigarettes, such as cigars, pipes, bidis, kreteks, or any other tobacco product?

Note: Bidis are small, brown, hand-rolled cigarettes from India and other Southeast Asian countries. Kretecs are clove cigarettes made in Indonesia that contain clove extract and tobacco.

- 1. Yes
- 2. No
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED



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Module 15: Smoking Cessation

M15Q01 - ONLY GET IF C07Q02=3

Previously you said you have smoked cigarettes:

About how long has it been since you last smoked cigarettes?

Read only if necessary

- 01. Within the past month (anytime less than 1 month ago)
- 02. Within the past 3 months (1 month but less than 3 months ago)
- 03. Within the past 6 months (3 months but less than 6 months ago)
- 04. Within the past year (6 months but less than 1 year ago)
- 05. Within the past 5 years (1 year but less than 5 years ago) SKIP TO M16Q01
- 06. Within the past 10 years (5 years but less than 10 years ago) SKIP TO M16Q01
- 07. 10 or more years ago SKIP TO M16Q01
- 77. DON'T KNOW / NOT SURE SKIP TO M16Q01
- 99. REFUSED SKIP TO M16Q01

M15Q02 - ONLY GET IF C07Q02<3 OR M15Q01<05

The next questions are about interactions you might have had with a doctor, nurse, or other health professional.

In the last 12 months, how many times have you seen a doctor, nurse or other health professional to get any kind of care for yourself?

- 88. NONE **SKIP TO M16001**
- 77. DON'T KNOW/NOT SURE
- 99. REFUSED

M15Q03 - ONLY GET IF (C07Q02<3 OR M15Q01<05) AND M15Q02<>88

In the last 12 months, on how many visits were you advised to quit smoking by a doctor or other health provider?

| inumber of visits (1-/6 |) |
|-------------------------|---|
|-------------------------|---|

- 88. NONE
- 77. DON'T KNOW/NOT SURE
- 99. REFUSED

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M15Q04 - ONLY GET IF (C07Q02<3 OR M15Q01<05) AND M15Q02<>88

On how many visits did your doctor, nurse or other health professional recommend or discuss medication to assist you with quitting smoking, such as nicotine gum, patch, nasal spray, inhaler, lozenge, or prescription medication such as Wellbutrin/Zyban/Bupropion? (Pronunciation: Well BYOU trin/ZEYE ban/byou PRO pee on)

__ _ Number of visits **(1-76)**

88. None

77. DON'T KNOW/NOT SURE

99. REFUSED

M15Q05 - ONLY GET IF (C07Q02<3 OR M15Q01<05) AND M15Q02<>88

On how many visits did your doctor or health provider recommend or discuss methods and strategies other than medication to assist you with quitting smoking?

__ _ Number of visits **(1-76)**

88. None

77. DON'T KNOW/NOT SURE

99. REFUSED

Module 16: Secondhand Smoke Policy

M16Q01

Which statement best describes the rules about smoking inside your home?

Please read:

- 1. Smoking is not allowed anywhere inside your home
- 2. Smoking is allowed in some places or at some times
- 3. Smoking is allowed anywhere inside the home or
- 4. There are no rules about smoking inside the home
- 7. DON'T KNOW / NOT SURE
- 9. REFUSED



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M16Q02- ONLY GET IF C13Q08<3

While working at your job, are you indoors most of the time?

- 1. Yes
- 2. No **SKIP TO M17Q01**
- 7. DON'T KNOW / NOT SURE SKIP TO M17Q01
- 9. REFUSED SKIP TO M17Q01

M16Q03- ONLY GET IF M16Q02 = 1

Which of the following best describes your place of work's official smoking policy for indoor public or common areas, such as lobbies, rest rooms, and lunch rooms?

For workers who visit clients, "place of work" means their base location. For self-employed persons who work at home, the official smoking policy means the home smoking policy.

Would you say...

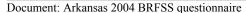
- 1. Not allowed in any public areas
- 2. Allowed in some public areas
- 3. Allowed in all public areas
- 4. No official policy
- 7. DON'T KNOW / NOT SURE
- 9. REFUSED

M16Q04- ONLY GET IF M16Q02 = 1

Which of the following best describes your place of work's official smoking policy for work areas?

Would you say...

- 1. Not allowed in any work areas
- 2. Allowed in some work areas
- 3. Allowed in all work areas or
- 4. No official policy
- 7. DON'T KNOW / NOT SURE
- 9. REFUSED



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Module 17: Arthritis Burden

M17Q01

The next questions refer to the joints in your body. Please do **NOT** include the back or neck.

During the past 30 days, have you had symptoms of pain, aching, or stiffness in or around a joint?

- 1. Yes
- 2. No **SKIP TO M17Q04**
- 7. DON'T KNOW/ NOT SURE SKIP TO M17Q04
- 9. REFUSED **SKIP TO M17Q04**

M17Q02 - ONLY GET IF M17Q01=1

Did your joint symptoms **FIRST** begin more than 3 months ago?

- 1. Yes
- 2. No SKIP TO M17Q04
- 7. DON'T KNOW/ NOT SURE SKIP TO M17Q04
- 9. REFUSED SKIP TO M17Q04

M17Q03 - ONLY GET IF M17Q02=1

Have you **EVER** seen a doctor or other health professional for these joint symptoms?

- 1. Yes
- 2. No
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED



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M17Q04

Have you **EVER** been told by a doctor or other health professional that you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?

- 1. Yes
- 2. No
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED

Interviewer note: Arthritis diagnoses include:

rheumatism, polymyalgia rheumatica osteoarthritis (not osteoporosis) tendonitis, bursitis, bunion, tennis elbow carpal tunnel syndrome, tarsal tunnel syndrome joint infection, Reiter's syndrome ankylosing spondylitis; spondylosis rotator cuff syndrome connective tissue disease, scleroderma, polymyositis, Raynaud's syndrome vasculitis (giant cell arteritis, Henoch-Schonlein purpura, Wegener's granulomatosis, polyarteritis nodosa)

M17Q05 - ONLY GET IF M17Q02=1 OR M17Q04=1

Are you now limited in any way in any of your usual activities because of arthritis or joint symptoms?

- 1. Yes
- 2. No
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED

NOTE: If a respondent question arises about medication, then the interviewer should reply:

"Please answer the question based on how you are when you are taking any of the medications or treatments you might use."



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M17Q06 - ONLY GET IF (M17Q02=1 OR M17Q04=1) AND C13Q01<65

In this next section we are referring to work for pay. Do arthritis or joint symptoms now affect whether you work, the type of work you do, or the amount of work you do?

NOTE: If respondent says he\she is retired or out-of-work, reply: "Did arthritis or joint symptoms cause you to stop working? That is, did it affect whether you work or not?"

- 1. Yes
- 2. No
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED

Module 18: Arthritis Management

M18Q01 - ONLY GET IF M17Q02=1 OR M17Q04=1

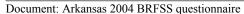
Earlier you indicated that you had arthritis or joint symptoms. Thinking about your arthritis or joint symptoms, which of the following best describes you **TODAY**?

- 1. I can do everything I would like to do
- 2. I can do most things I would like to do
- 3. I can do some things I would like to do
- 4. I can hardly do anything I would like to do
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED

M18Q02 - ONLY GET IF M17Q02=1 OR M17Q04=1

Has a doctor or other health professional **EVER** suggested losing weight to help your arthritis or joint symptoms?

- 1. Yes
- 2. No
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED



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M18Q03 - ONLY GET IF M17Q02=1 OR M17Q04=1

Has a doctor or other health professional **EVER** suggested physical activity or exercise to help your arthritis or joint symptoms?

NOTE: If the respondent is unclear about whether this means an increase or decrease in physical activity, this means increase.

- 1. Yes
- 2. No
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED

M18Q04 - ONLY GET IF M17Q02=1 OR M17Q04=1

Have you **EVER** taken an educational course or class to teach you how to manage problems related to your arthritis or joint symptoms?

- 1. Yes
- 2. No
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED

Module 20: Reactions to Race

M20Q01

Earlier you told me your race. Now I will ask you some questions about reactions to your race.

How do *other people* usually classify you in this country? Would you say White, Black or African American, Hispanic or Latino, Asian, Native Hawaiian or Other Pacific Islander, American Indian or Alaskan Native, or some other group?

- 01. White
- 02. Black or African American
- 03. Hispanic or Latino
- 04. Asian
- 05. Native Hawaiian or Other Pacific Islander
- 06. American Indian or Alaskan Native
- 07. DON'T KNOW/ NOT SURE
- 08. Some other group
- 09. REFUSED

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M20Q02

How often do you think about your race? Would you say never, once a year, once a month, once a week, once a day, once an hour or constantly?

- 1. Never
- 3. Once a year
- 4. Once a month
- 5. Once a week
- 6. Once a day
- 7. Once an hour
- 7. DON'T KNOW/ NOT SURE
- 8. Constantly
- 9. REFUSED

Interviewer note: The responses can be interpreted as meaning "at least" the indicated time frequency. If a respondent cannot decide between two categories, check the response for the lower frequency. For example: if a respondent says that they think about their race between once a week and once a month, check "once a month" as the response.

M20Q03 - ONLY GET IF C13Q08<4

Within the past 12 months at work, do you feel you were treated worse than, the same as, or better than people of other races?

READ ONLY IF NECESSARY

- 1. Worse than other races
- 2. The same as other races
- 3. Better than other races
- 4. WORSE THAN SOME RACES, BETTER THAN OTHERS
- 5. ONLY ENCOUNTERED PEOPLE OF THE SAME RACE
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED



M20Q04

Within the past 12 months, when seeking health care, do you feel your experiences were worse than, the same as, or better than for people of other races?

- 1. Worse than other races
- 2. The same as other races
- 3. Better than other races
- 4. WORSE THAN SOME RACES, BETTER THAN OTHERS
- 5. ONLY ENCOUNTERED PEOPLE OF THE SAME RACE
- 6. NO HEALTH CARE IN THE PAST 12 MONTHS
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED

Interviewer Note: If the respondent indicates that they do not know about other people's experiences when seeking health care, say "This question is asking about your perceptions when seeking health care. It does not require specific knowledge about other people's experiences."

M20Q05

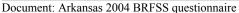
Within the past 30 days, have you felt emotionally upset, for example angry, sad, or frustrated, as a result of how you were treated based on your race?

- 1. Yes
- 2. No
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED

M20Q06

Within the past 30 days, have you experienced any physical symptoms, for example, a headache, an upset stomach, tensing of your muscles, or a pounding heart, as a result of how you were treated based on your race?

- 1. Yes
- 2. No
- 7. DON'T KNOW/ NOT SURE
- 9. REFUSED



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State Added 1: Women's Health

AR01Q01 - ONLY GET IF C13Q16=2

In the past month, have you noticed any posters, billboards, commercials, or advertisements with a message about having a mammogram test?

- 1. YES
- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

AR01Q02 - ONLY GET IF C13Q16=2

Are you aware that the health department offers free to low cost breast exams and mammograms?

- 1. YES
- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

AR01Q03 - ONLY GET IF C13Q16=2 AND C13Q01>39

How often do you believe women your age should get a mammogram?

INTERVIEWER: READ ONLY IF NECESSARY

- 1. Every 6 months
- 2. Every year
- 3. Every 2 years
- 4. Every 3 to 4 years
- 5. Every 5 years or more
- 6. ONLY WHEN DOCTOR RECOMMENDED MAMMOGRAM
- 7. DON'T KNOW/NOT SURE
- 8. NEVER
- 9. REFUSED



AR01Q04 - ONLY GET IF C13Q16=2 AND C13Q01>39 AND C15Q01=1

Did a doctor suggest that you have your most recent mammogram?

- 1. YES
- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

AR01Q05 – ONLY GET IF C13Q16=2

Have you ever had breast cancer?

- 1. YES **SKIP TO AR01Q07**
- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

AR01Q06 - ONLY GET IF C13Q16=2 AND AR01Q05>1

Do you think your risk of getting breast cancer is high, medium, low, or none?

- 1. High
- 2. Medium
- 3. Low
- 4. None
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

AR01Q07 - ONLY GET IF C13Q16=2

If you wanted to have a mammogram, would you have to pay for all, part or none of the cost?

- All
- 2. Part (includes co-pay)
- 3. None SKIP TO AR03Q01
- 7. DON'T KNOW/NOT SURE SKIP TO AR03Q01
- 9. REFUSED SKIP TO AR03Q01

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AR01Q08 - ONLY GET IF C13Q16=2 AND AR01Q07<3

How difficult would it be for you to pay for the cost of the mammogram test?

Would you say very difficult, somewhat difficult, a little difficult or not at all difficult?

- 1. Very difficult
- 2. Somewhat difficult
- 3. A little difficult
- 4. Not at all difficult
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

State Added 3: Impairments/Health problems

AR03Q01 - ONLY GET IF C19Q01<>2 OR C19Q02<>2

What is the farthest distance you can walk by yourself, without any special equipment or help from others? Would you say...

- 01. Not any distance
- 02. Across a small room
- 03. About the length of a typical house
- 04. About one or two city blocks
- 05. About one mile, or
- 06. More than one mile
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

AR03Q02 - ONLY GET IF C19Q01<>2 OR C19Q02<>2

Because of any impairment or health problem, do you need the help of other persons with your personal care needs, such as eating, bathing, dressing, or getting around the house?

- 1. YES
- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

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AR03Q03 - ONLY GET IF C19Q01<>2 OR C19Q02<>2

Because of any impairment or health problem, do you need the help of other persons in handling your routine needs, such as everyday household chores, doing necessary business, shopping, or getting around for other purposes?

- 1. YES
- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

AR03Q04 - ONLY GET IF C19Q01<>2 OR C19Q02<>2

In general, how satisfied are you with your life? Would you say...

- 1. Very satisfied
- 2. Satisfied
- 3. Dissatisfied
- 4. Very dissatisfied
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

CLOSING

That's my last question. Everyone's answers will be combined to give us information about the health practices of people in Arkansas. Thank you very much for your time and cooperation.

